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# **Newsbriefs**

### Local

#### Indian Association meeting

The American Indian Association of Millington will meet April 27, 6:30 p.m. at the Baker Community Center, Millington, for a pot-luck social and business meeting to follow. Everyone interested in American Indian culture is invited.

### '50-plus' driving course

The Women's Outlook Club is sponsoring a "55 Alive Maturing Driving Course\* produced by AARP for seniors over 50. The eight-hour course is set for April 27-28 at the Baker Community Center, Millington, 9 a.m. to 1 p.m. each day. Call Robert Bennington at 872-7691 for more information.

#### Children's Museum Bunny Bash

The Children's Museum of Memphis is holding a "Bunny Bash" an Easter egg hunt Saturday. April 22 from 10 a.m. to noon for children two to eight years old and their families. Kids will get to pet live bunnies, get faces painted and see a live clown. For more information and reservations, call 458-2678.

### On base

#### Mother-daughter banquet

There will be a Ladies' Night Out Mother-Daughter Banquet at the Helmsman Club on Monday, May 15, at 6:45 p.m. You do not have to be a mother or have a mother present to attend. Special speakers will be Joyce Rogers, wife of Bellevue Baptist Church's Dr. Adrian Rogers, and their daughter Janice Edmiston. There will be special gifts and a "generational" fashion show. For ticket information, call Rita Goforth at 874-7775. Free childcare will be available at Second Baptist Church on Shelby Rd. in Millington.

### **NEX Easter hours**

The Navy Exchange main retail store and package store will be closed Easter Sunday, Apr. 23. The Mini-Mart and gas station will be open from noon

### Real estate crash course

The University of Memphis is offering a continuing education course this spring aboard Naval Support Activity Mid-South. This course, Principles and Practices of Real Estate, will meet Monday through Thursday evenings from 6:15 to 9:30 p.m., May 1-June 1. This course meets state licensing requirements. For more information and enrollment, call 678-6000.

### Flag retirement

Anyone having an American flag that needs to be retired can turn it in to Randy Wilson, scoutmaster of Boy Scout Troop 61 in Covington. The Scouts will properly dispose of the flags in a ceremony. Deadline for drop-off is April 27. Contact Randy Wilson at 874-5902.

### Roller Skating program

There will be no roller skating program April 22 due to the Easter weekend.
Skating will resume as scheduled April 29, 7-9 p.m.

### **Family Appreciation Day**

A day of fun, featuring games for children, food booths, information booths, exhibits and musical entertainment is scheduled for Saturday. June 10 on board Naval Support Activity Mid-South across Singleton Avenue from the Helmsman Complex and the swimming pool. Admission will be free. Exhibitors and organizations wishing to operate a booth or conduct activities are needed There is no charge for organizations wishing to have an information booth. A \$25 fee will be required for those desiring to sell items such as food and beverages, crafts, and other items. If you or your organization wish to have an exhibit or booth, call Bob Taylor at 874-5555. Anyone wishing to volunteer their services at one of the games or activities, for all or part of the day, contact Pam

## NAVSUPPACT Mid-South workers sow good seeds for Earth Day 2000

All Naval Support Activity Mid-South command personnel are invited to help plant trees, shrubs, and flowers to beautify the base and celebrate Earth Day tomorrow, April 21. Participants should meet at the swimming pool at Bldg. 772 at 8 a.m. sharp.

Volunteers need to bring shovels, gloves, posthole diggers, etc. Yoshino cherry trees and weeping privet hedges will be planted around the exterior perimeter of the swimming pool. A line of the cherry trees will also be planted along the eastern side of building 760, the Helmsman Club Complex.

Please take this opportunity to clean

up your office spaces and the exterior areas associated with your work spaces. Don't forget those adjacent parking lots. Please pick up and properly dispose of any trash and litter you might find around these areas While you are cleaning your office, don't forget to collect all recyclable materials possible rather than throwing

Also, if you have any flower beds that are in need of weeding around your work spaces, please take this opportunity to beautify these areas.

If your organization has requested the purchase of any planting materials for particular landscaping projects, go to the swimming pool to pick up the materials starting at 8 a.m.

Your participation will help ensure a

successful Earth Day celebration! For more information, call 874-5904.



# Greet the new Easter morning at Navy Lake Sunrise Service

Navy Mid-South's annual Easter Sunrise Service will be held at 7 a.m. this Sunday, April 23 at Navy Lake. This year, Naval Support Activity Mid-South Command Chaplain Michael Wright will lead the ecumenical ser-vice. Special music will be provided by Marie Beam.

All communities and area churches surrounding the base are invited to join in worship. There will be a light continental breakfast and fellowship in the Navy Lakehouse following the service, which will last about 40 minutes.
In case of bad weather, the service

will be held at the Pat Thompson Recreation Center

### Other observances:

The Protestant Good Friday obserance will be in the Calvary Chapel tomorrow at 7 p.m.

The Easter worship service will be held at the Calvary Chapel at 10:30 a.m.

Sunday, April 23.

The Roman Catholic Holy Thursday Mass will be tonight at 7:30 p.m.
This mass will be followed by Adoration of the Blessed until 9:45 p.m.

The Good Friday Liturgy will begin tomorrow at 7:30 p.m.

The Easter Vigil will begin at 8:30 p.m. on Saturday, April 22.
The masses on Easter Sunday (April 23) will be at 9:15 and 11:45 a.m

## DoD to phase out smoking at MWR facilities by 2002

### NWS

The Department of Defense is expanding its smoking ban to include clubs, bowling alleys and other Morale, Welfare and Recreation facilities by December of 2002.

"We want to provide smoke-free fa-cilities across the Department of De-fense," said Sherri Goodman, deputy undersecretary of defense for environmental security. "We started with the workplace, and now we've expanded to cover our morale, welfare, and recre-

ational facilities as well."

"We want to make sure that people who are using any DoD facilities have an opportunity to do so in a smoke-free

environment." Goodman said. She added that smoking is already prohibited in DoD facilities for children.

An estimated 34 percent of the nation's 1.4 million service members smoke, according to DoD officials. The Department banned smoking in all workplaces in 1994; DoD excluded living and recreation areas, however.

By December 2002, all DoD facilities will be smoke-free, Goodman said. Smoking will only be allowed in designated, separately ventilated smoking areas. DoD officials are providing a threeyear phase-in period to give the facilities adequate time to make those

"Some in the military departments

were ready to do it even sooner," she said. "Many installations are already moving to provide separately ventilated smoking areas."

DoD wants "to do the right thing," Goodman stressed. "We want to make sure we protect our people, maintain readiness and provide a healthy environ-

Smoking and secondhand smoke she noted, pose serious health risks and present considerable health costs to the military. "We would like people to stop smoking," she said.

"We go to great lengths to protect the health and safety of our military, and this

is certainly one aspect of it."
(Continued on page 3. See Smoke...)

## Relief Society's Theresa Foote logs thousands of friendly greetings

By Ann Norcross Publicity Chairman, Navy-Marine Corps Relief Society Mid-South

Just imagine being greeted by a friendly voice when calling or stopping by the Navy-Marine Corps Relief Soci-ety Mid-South. One of those voices answering the phone or greeting you at the door belongs to Theresa Foote, chairman of receptionists.

Theresa has volunteered with the Society the past two years. She has over 1,120 hours of service and has received volunteer awards representing 100, 300, 500, 600 and 1,000 hours.

Theresa is from Bridgeport, N.Y. She is married to Scott, a member of Navy Band Mid-South. They have a three-

year-old daughter, Elizabeth.

Theresa says about her volunteer services with the Society, "Helping

people is a wonderful feeling." Her responsibilities are varied and many as receptionist chairman. She schedules recruits and trains other receptionists; answers the phone; files; checks in and follows up on clients; types letters and flyers; prepares mailouts and does other administrative duties as necessary

Jim Robinson, N-MCRS manager, and Jolene Karol, the visiting nurse, agree that Theresa is a very dedicated volun-teer--a reliable, trustworthy and cheerful person. "Theresa came to us at a time when we were experiencing a realignment and decline in paid employees," states Robinson. "She quickly took over, recognizing things that needed to be done. She works well independently." Karol says, "I don't know what I would have done without her helping me organize my course material and files.

Her co-volunteers also praise her.
Pauline Miles, a retired schoolteacher



Theresa Foote

who volunteers as a caseworker and the Navy-Marine Corps Relief Society Mid-

South historian, states, "Theresa helps everyone stay positive. You never hear her say anything bad about anyone.

Theresa also volunteers as the Navy Band ombudsman and enjoys reading and taking care of her home, husband and daughter. However, she says, "It's nice to get away to the office since the Society pays for Elizabeth's child care on the days I work. This gives me time for adult conversation and my daughter a chance to interact with other children."

She invites other spouses that want to get involved with a great organization to stop in. The Society is located in the Family Service Center (bldg, N-763). Hours are 9 a.m.-3 p.m. Tuesday-Friday. Call 872-7266 or 874-7353.

# Captain's log



Your

TRICARE

Benefits

Ηαυε α very blessed Easter... and travel safely! --Captain Dianz Lofink



Captain Diane L.H. Lofink

# What is TRICARE Prime?

TRICARE Prime is the newest option in the military health care system. TRICARE Prime is similar to a civilian health maintenance option or HMO. Under TRICARE Prime you select a network provider to be your primary care manager. This physician will manage all of your health care and initiate any type of specialty or emergency referrals you

Enrollment is required if you wish to be under TRICARE Prime. Active duty families pay no enrollment fee, but retir-ees and their family members must pay an enrollment fee. Individual enrollment for retirees is \$230 and the family premium is \$460 per year. There is an open

enrollment period so a beneficiary may join TRICARE Prime at any time pro-vided they meet eligibility require-

ments.
TRICARE Prime has no deductibles. Patients pay a co-pay when seeing a civilian provider. Co-pays are \$6 for active duty family mem-bers E-4 and below and \$12 for all oth-ers, including military retirees and families. Co-pays include lab work or x-rays that are performed at the same time in the same provider's office. The inpatient rate for TRICARE Prime is \$11 a day with a \$25 mini-

mum. There are no separate co-pay ments for professional charges.

### Fair winds and following seas

The following is a list of area retirees' ceremony dates, times and uniforms required. If you or your command would like to submit names and information for upcoming local/command-sponsored retirements, contact your command career cou selor or call NCC(SW) Anne Cynkar, Naval Support Activity Mid-South CCC, at 901-874-5727. E-mail Chief Cynkar at cynkarac@navsuppact-midsouth.navy.mil

Ceremony date	Command	Name	Rate	Time	Location	Uniform
May 12	NPC	Beaty, A. J.	EMCM	10:30 a.m.	NRC	UOD
May 12	NSA	Nicholas, D.	BMC	11 a.m.	Navy Lake	UOD
May 26	NSA	Kealey, M.	SK2	9 a.m.	NPC FLAG	SUMM WT
June 30	NPC	Fisher, R. L.	ATCS	10:30 a.m.	The Helm	DRSS WT/UOD

### Longtime CDC worker lauds quality of childcare on base

To the Editor of the *Bluejacket:*This is the Month of the Military
Child, a time when we recognize the many unique aspects of the lives of military children.

For the past 16 years it has been my privilege to be a professional childcare giver for these children. It has been my honor to render these services to the children of the dedi-cated and hard-working families aboard Naval Support Activity Mid-

The little faces I greeted each day have taken on a thousand different shapes. The professional care these children received over those 16 years has been consistently excellent. The Child Development Center is required to meet the highest operational standards and has been found to be firstrate. The staff is kind, compassionate

and caring.

The caregivers that bring these children a safe environment and enriching experiences are surely some of our

community's most valuable resources. When we consider the needs of the Military Child this month, we can all be assured that they are blessed to have this dedi-cated group of professionals in their lives. They are, like the song says, "angels among us."

Kay Sparks Child Development Program Leader

# Chaplain's corner

The power of a touch

By Chaplain (Lt.) Paul Smith, USNR

there is a wonderful story of how a touch changed a life. In this story ere are two characters, Jesus and man--but not just any man. A man with leprosy. Leprosy, for the most part, is an

foreign illness to us. But in the time of Jesus, it was common to see, or at least hear, a leper. Hear? Yes, because of the fear of the dis-

ease, lepers were required to wear a bell. Leprosy is a horrible disease. It ultimately takes from its victims the ability to feel. I imagine the value of a touch is never known until it is gone. It is not that this leper did not want to touch. It is just that no one wanted to touch him.

That was the purpose for the bell.

I hat was the purpose for the bell. When they heard him approaching, people would immediately vacate the area. Not so much as a "hello" or "how are you," and certainly never the extention of a friendly handshake was he offered. His was a world without sensation, but absolutely not a world without feeling. Just like you and me, his was a world of feeling: the feeling of not being loved. The feeling of not having a family to go home to. The feeling of not fitting in. The feeling of not having anyone but himself, and even that was not without pain.

We may not have leprosy, but we nonetheless share in his infirmity. Wanting to fit in, but finding ourselves shut out. Wanting to excel, but find-ing the door is shut. Many times we too must endure life's inequities. How

In this story from Matthew's Gospel, there is a large crowd gathered around Jesus. Then, suddenly, this man with leprosy approaches Jesus. He kneels before Christ and says, "Lord, if you want to, you can make me well again." What does Jesus do? He touches him. Let me say it again, HE TOUCHES HIM.

"Well Chaplain, of course he touches him. That's how he heals him," some of you are saying. But that is not how it happens in the story. The healing comes after the touch, and that by words. No, there are two healings that take place in this story. Perhaps we assume the most important healing is the removal of the disease. I propose to you though that just as important is the removal of the

distance.
When Christ touches the leper, he when Critical to the state of the speaks louder than any spoken word can convey: "I love you." In that handshake is love, acceptance, and affirmation all rolled up in one. Hard to say what surprised the leper and the crowd more that day--the healing or the touch. Both of them powerful. Both

of the miraculous.

I personally cannot perform the miraculous. But a touch--well, that is another story alltogether. At times, it is the miracle. My friends, reach out and remove the distance in your life and the if lives of your shipmates. It could bring healing to both of you!

Soli Dei Gloria

### Navy College has University of Arkansas grads

The Navy College Office of University of Arkansas would like to congratulate the following Navy personnel for successful completion of oral comprehensive exams in the master of science degree on March 18:

- Lt. Dave Kashula--REDCOMNINE Lt. Brian Malloy--NPC
- Lt. Ken Holmes--NPC Lt. Mike Gallant--NPC

PNC Philip Velazquez--NPC HMI Pat Madison--NPC Roger Schlichter--USMC (ret.)

University of Arkansas, located in bldg. S-241, offers a complete master of science program with a major in operations management. Commence-ment is also provided in May each year, one week following ceremonies at the main campus in Fayetteville, Ark. All questions regarding the program should be directed to Ms. Sandra L Holland, 872-2280, or email uafgrad2 @ bigriver.net. The Arkansas web address is: www.engr.uark.edu.





# Now's your chance: give us some feedback!

when it comes out every week
Once a month, average
Occasionally
Seldom
Never
Do you have easy access to a copy, always know where you can find one?      Yes No
3. Does the front page generally make you want to p

1. How often do you read the Bluejacket?

the paper up and read?

4. If you do not read the paper often, or never read it, why

<ol><li>How does the Blueja</li></ol>	acker compare in quality to other base news
papers you've seen?	
p-p	

6. Would you like to see more of the following:

YesNo	News of various commands on ba
YesNo	Features of people on base
YesNo	Navy/military history articles
YesNo	Family/health articles
YesNo	Navy news around the country/world
YesNo	Sports on base
YesNo	Leadership/motivational article

7. On a scale of one to 10 (one = no value, 10 = extreme value), rate the Bluejacket on:

	Need-to-know Navy information value
	Need-to-know quality-of life information value
	Navy recreation information value
	Inspirational/motivational value
	Entertainment value
8. On the sar	me scale, rate the Blueiacket's

Quality of photographs Quality of graphics/illustrations Quality of writing

Thanks for participating. Please return this form or your comments via vard mail to Blueiacket, Bldg, S-455, or via e-mail at wallis@navsuppact-midsouth.navy.mil

# Bluejacket

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Col. Wms listens to a baby's heart.

Captain Claudio Monserrate (right, standing), interpreter and assistant head he 330th CSH, communicates in Span sh with a Paraguayan team member. Lt. Colonel Anne Mancino (sitting, left), 330th unit physician, also held a nighttime clinic for family members of host nation soldiers so daytime treatment could be reserved for

# **Medical Army** Reserve unit takes pride in **Paraguayan** mission accomplished

By Julia Wallis

Members of the Army Reserve 330th Combat Support Hospital flew away from their deployment to Paraguay April 1 with new learning experi-ences and a good feeling about the work they set out to do there.

In their rear view mirror was a grateful host nation bearing increased good will toward America, and a healthier native population which, in most cases, had never received such depth of medical attention before.

In the heat of 95-100-degree South American summer days, the 330th, teamed with Paraguayan army medical personnel, saw 6,832 patients in 10 days. Thirty-five to 40 percent were children, according to Sergeant Mark Demers, non-commissioned officer in charge of the exercise. He's been on



Col. John Williams, 330th physician/pediatrician (right, sitting) and medi-cal Specialist Cynthia Brown (right, standing) consult with a Paraguayan air force interpreter (center) who spoke all languages used during the mission: Guarani (native Paraguayan Indian), Spanish and English.

deployments to Haiti. Bosnia and Guatemala as a peacekeeper, so he enjoyed being involved in a mission where the unit's presence was fully welcomed.

"The people were extremely pleasant and grateful," said Demers. "Some were very sick and had to be physically carried, and most walked good distance to get to us." Demers' job as the enlisted team leader was not medical, but logistical, keeping people routed correctly to receive their needed treatment--no small task given all the children present, not to mention a significant lack of interpret-

ers.
Major Anne Bauer, officer in charge
of the mission, took the leadership role

in diplomatic dealings with the government. Her presence was some-what a culture shock to the Paraguayans, who don't allow women in such military settings. But Bauer's opera-tion soon drew due respect and the hosts complimented her in that "she was more in command of her team and mission than many men they knew of would be," said Demers.

Due to the mission's success, Paraguay has asked for three more exercises like the one just completed, along with an engineering task force. Not only that, says Demers: "Our people enjoyed it. Lots of them said they would like to go back."

# **OUALITY CORNER**



NAVAL SUPPORT MID-SOUTH MILLINGTON. TENNESSEE

The Quality Corner features individual Naval Support Activity Mid-

### STAFF JUDGE ADVOCATE **MISSION**

"The mission of the Staff Judge Advocate, Naval Support Activity Mid-South, is to provide the highest quality command advice and representation to the commanding officer, department heads, special assistants, and tenant commands through expertise obtained from litigation experience and in-depth research and analysis of statutes, case law, and military regulations."

## Smoke (continued) -

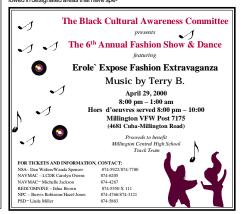
"I think now families will feel free to bring their children, for example, into all MWR facilities, whether it's a bowling alley or a club, and know that there will aley of a citcly, and know histories when the a place that will be smoke-free for their family members," she said. "I believe that is very important because our MWR facilities should be available to all military families."

In 1997, President Clinton banned smoking in all interior space owned, rented or leased by the federal execu-tive branch in 1997. Smoking is only allowed in designated areas that have spe

cial ventilation and smoke-containment

In December, under the provisions of the president's executive order. Defense Secretary William S. Cohen approved "a limited and narrow" exception to allow a three-year phase-in period for certain MWR facilities.

Since many MWR facilities are not equipped with the special features necessary, Cohen said, an immediate ban would negatively effect service members'



# Congress votes in resolution naming service members as 'persons of the century'

NWS

House representatives voted 397-0 April 10 naming American GIs as the "Person of the Century" in their Concurrent Resolution 282 with the Senate.

Fort Bragg and Pope Air Force Base are in the district of House sponsor Rep. Robin Hayes of N. Carolina. "I am continually impressed and made proud by their dedication, commitment and patriotism," he said in introducing his resolu-

tion.
"We are just turning the corner on a period in which we ask the American GI to do more and more with less and less." Hayes continued. "As I have gotten to know these brave men and women, one statement continues to ring in my ears. The statement made during a military personnel hearing at the Norfolk (Va.) Naval Base was, 'Sir whatever you give

us, we will get the job done.

"The spirit of the American GI--Soldier, Sailor, Airman and Marine--that 'can-do spirit'--is why we honor today the American GI as the 'Citizen of the Century," he said. Rep. Mike Thompson of California ex-

tended "GI" to members of the Coast Guard and Merchant Marine, saying, "It was the American GI, known at different periods of the century by names such as doughboys, Yanks, Buffalo Soldiers, as doughboys, Yanks, Bullalo Soldiers, Rough Riders or the American Expedi-tionary Force, who carried America's value system abroad and demonstrated unselfish courage aiding those who struggled against tyranny and oppression...Indeed, there is probably not a region of the world whose people have not benefited from the presence of the American GI during the 20th century." Rep. Jim Gibbons of Nevada, a co-

porters who spoke in favor of the resolution, is a veteran Vietnam and Gulf War pilot. "The United States, through two hot world wars and a long Cold War, and numerous wars and conflicts in all the far-flung reaches of this troubled globe, has been called the 'arsenal of democ racy," he said. "The American GI was the bearer of those arms and our American flag. He was, and still is, the guardian of our and our allies' security and freedom "

"The sacrifice, dedication and honor of our Soldiers has been a lamp unto the world, the shining beacon of liberty," Gib-bon concluded. "The American GI kept our flame of freedom burning brightly through the grim, dark skies; through blood, sweat and tears; through times of adulation and sadly, through times of uneasonable contempt. But stand they did. "Throughout this sad and bloody cen-

Soldiers--who left hearth and home, put his or her personal plans on hold, and raveled to every corner of the world to save the concept of democracy and pre-serve the value of freedom," said sup-porter Rep. Jim Kolbe of Arizona. "Despots and dictators throughout this cen-tury were halted in their tracks and driven back to their lairs because Americans were not, as they thought, too soft and decadent to resist their battle-hardened armies

He concluded: "There have been many great people this century who have symbolized the struggle for freedom in the 20th century—Churchill, Roosevelt, Reagan--but it is the millions of people behind them, the American Gls, who actually delivered on that promise."

Rep. Mac Thornberry of Texas raised

the only dissenting voice and voted me only dissenting voice and voted present on the roll call." I would support a resolution which recognized their con-tributions," he said in preface. "I would far prefer a more tangible showing of ap-preciation, such as fulfilling the promises of health care made to those who

The House referred the resolution April 11 to the Senate Judiciary Committee Transcript of the House proceeding on Concurrent Resolution 282 is accessible through the April 10 Congressional Record from the Government Printing Office Web site at <a href="https://www.gpo.gov">www.gpo.gov</a>, or the House of Representatives roll call Web page at <a href="https://www.gpo.gov">https://www.gpo.gov</a>, or the House of Representatives roll call Web page at <a href="https://www.gpo.gov/evs/2000/index.asp">https://www.gpo.gov/evs/2000/index.asp</a>, or the Library of Congress the https://www.gpo.gov/evs/2000/index.asp</a>. at <http://thomas.loc.gov>.

### World's first 'computer bug' entombed under celotape for posterity

From the archives of the

have always thought it was only folklore that the first "computer bug" was an actual bug. But as of 1988, a piece of Many people interested in computers graph paper with the actual varmint that

Alternation to the tree of First actual case of buy being found

shut down one of history's earliest computers was housed in the Naval Surface Warfare Center Computer Museum at Dahlgren, Va.

A small moth was found trapped between two electrical relays of the Mark II Aiken Relay Calculator by then-Lieutenant Grace Hopper while it was being tested at Harvard University on Sept. 9, 1945. The unlucky bug had flown into the machine from an open window; was pulverized by the relays, and consequently caused the whole system to fail.

The operators affixed the moth to the computer log, with the entry: "First actual case of bug being found." They put out the word that they had "debugged" the machine, thus introducing the term "debugging a computer program." Now, it's the common computer term used to denote an error or defect in software or hardware that causes a program to malfunction.

--Courtesy of the Naval Surface Warfare Center, Dahlgren, Va., 1988.





These parents enjoy some quality time with their children at the CDC International Dinner.





This proud papa reads to some of the children just before going to the buffet line at the International Dinner.



This young lass decides to partake of some of the spaghetti on the buffet.

### Month of the Military Child

and chairs at the CDC

-style at child-size tables

# Kids and parents explore, enjoy foods of diverse cultures at CDC International Dinner

Story and photos By Pam Branch

The Child Development Center is celebrating the Month of the Military Child with various activities in April. The theme chosen this year is "Connecting the Bridge for Children" since the link between the home and CDC is very important in a child's development.

CDC encourages parents to participate in their child's activities. Each family was given a "Parent Participation Pass-port." If a parent attends at least six of the listed activities. their name will go into a drawing for free childcare at the CDC to be awarded on April 28. Three winners will be announced for one-week, three-day, and one-day childcare

The month was kicked off in grand style on April 7 when parents were invited to the Center for an "International Din-ner" with their child. Parents were encouraged to take dishes from their cultural backgrounds. Some of the many different foods enjoyed in the five classrooms were fried chicken lumpia, spaghetti, pancit, and polish sausage and sauerkraut.

Some of the remaining events for the Month of the Mili-

tary Child are a picture pet show, fun walks, and, tomorrow an Easter egg hunt and bunny party. Additionally, artwork from students at CDC is on display at the Branch Medical Clinic through April 28.



Mom, please hurry.

# **NEX Beauty** Salon supplies all your needs

The Navy Exchange Beauty Salon would like to introduce their new team of beauticians: Betty France, Murlissa Burdette, and Gwen Olcott,

with hair styling, permanents, relaxers and color. The shop is open Tuesday through Saturday, 9 a.m. to 6 p.m., for your convenience. Stop by or call 901-872-0139, extension 147, for information or to make an appointment. These hair professionals are all Tennessee-licensed

are available at savings.



and Murlissa Burdette are the newes additions to the NEX Beauty Salon.

### This Easter, try some new dishes along with traditional

# By Pam Branch

### Italian Salad

- 1 (12-ounce) package spiral pasta 2 (6-ounce) jars marinated artichokes, undrained
- 1-1/4 cups pitted ripe olives, sliced
- 1 cup chopped green pepper 1/4 pound hard salami, cut into 1/4-inch strips 1/2 cup grated Parmesan cheese
- 1/4 cup each: chopped onion, chopped fresh parsley
- 1 (0.7-ounce) package Italian salad dressing mix

Cook pasta according to package directions. Drain and cool. Drain artichokes, reserving one-fourth cup liquid; set aside. Cut artichokes into fourths. Set aside. Combine pasta, artichokes, reserved liquid, and remaining ingredients in large bowl; toss gently. Cover and chill. Serves six.

### THE CUPBOARD

### **Glazed Ham**

- 2 cups apple jelly 2 tablespoons each: prepared mustard, lemon juice
- 1/2 teaspoon ground cloves 1 (5-7 pound) fully cooked ham Whole cloves
- Apple slices, optiona

Combine first four ingredients in saucepan; bring to a boil over medium heat, stirring occasionally. Set aside. Slice skin away from ham. Score fat in a diamond design and stud with whole cloves. Place ham, fat side up, on rack in shallow roast ing pan. Insert meat thermometer, ensuring it doesn't touch fat or bone. Bake, uncovered, 1 and 1/2-2 hours at 325 degrees, or until thermometer registers 140 degrees (18-24 min-utes per pound). Baste every 15-20 minutes with sauce. Heat remaining sauce and serve with ham. Garnish with apple slices,

### Vegetable Casserole

- 2 (12-ounce) cans asparagus spears 2 (12-ounce) packages frozen green peas, uncooked

- 2 (8-ounce) cans mushroom pieces or 8 ounces fresh,
- utéed mushrooms 3 hard-cooked eggs, thinly sliced
- 2 cans cream of mushroom soup
- 1 tablespoon lemon juice
- 1 teaspoon sugar 1 cup Pepperidge Farm dressing mix (crushed)

Grease 9x13-inch dish. Layer asparagus, peas, mushrooms, and egg slices. Combine soup, lemon juice, and sugar; pour over vegetables. Sprinkle with crushed dressing mix. Bake 40 minutes at 350 degrees.

### Zucchini (or Carrot) Pineapple Cake

- 4 eggs 2 cups each: sugar, grated zucchini or carrots 1 cup vegetable oil 2-1/2 cups flour
- 2 teaspoons each: cinnamon, baking powder, vanilla
- teaspoon salt

  (8-ounce) can crushed pineapple, drained

  cup nuts, chopped
- Beat eggs and sugar until light colored. Add oil. Blend flour and dry seasonings (omit baking powder and salt if using self-rising flour). Beat two minutes. Stir in pineapple, nuts, vanilla, and grated zucchini or carrots. Mix. Pour into greased and floured 9x13-inch pan. Bake about 40 minutes at 350 degrees or until done.

### Frosting

- 3 ounces cream cheese
- 1 stick margarine
- 2 cups powdered sugar 1 teaspoon vanilla

Cream margarine and cream cheese. Add sugar and vanilla. Blend and spread on cooled cake

Don't forget to send your favorite recipes to Public Affairs Office, NAVSUPPACT Mid-South, building S-455, Room 128, 5722 Integrity Drive, Millington, TN 38054-5045. Inputs may also be e-mailed to pbranch@navsuppact-midsouth.navv.mil. Provide your name, office where you work or relevant information if you're retired, and a daytime phone number where you may be reached if there are any ques-



## By Michael McLellan NAVPERSCOM Public Affairs

Navy officials have decided to 'sweeten the pot" for Sailors who volunteer to transfer early to one of the 27 Forward-Deployed Naval Forces FDNF

Forward-Deployed Naval Forces FUNF-sea duty units.

Petty officers third class to chief petty
officers in several ratings who request
an early transfer and meet all eligibility
requirements will get to choose either a
follow-on East Coast or West Coast
shore duty assignment or a class "C" school. But they must agree to two things to be eligible:

1) Rotate at least six months early to one of the more than 16,000 "type four" sea duty billets.

2) Successfully complete a pre-

scribed sea tour or at least 36 months

at their new command. Interested Sailors should contact their rating detailer to find out if they are eli-

gible and what billets are available. Sailgible and what billets are available. Sain-ors can anticipate receipt of orders within two weeks after they reach agreement on their assignment with their detailer. Sailors filling billets in recruiting, re-

cruit division commander, physical secruit division commander, physical se-curity, critical one-for-one billiets or De-partment of Defense overseas tours which require a mandatory tour length are not eligible to apply for voluntary ter-mination of shore duty. In addition to the new incentives, Sail-ors serving on FDNF ships who are ac-

ors serving on FDNF ships who are ac-companied with their families receive Cost of Living Allowances. Rates of COLA are determined by the geographic location of the FDNF ship. Additionally, because COLA is an al-lowance, it is tax-free. Other incentives to serving overseas include Overseas Tour Extension Incentive Program ben-efits and Continuous Overseas Travel

# **Promotions, awards, re-enlistments**

Commander Timber P. Pangonas Commander Imber P. Pangonas (right), special assistant for selection board matters, was promoted to full commander during a ceremony at the Whitten Building March 31. Rear Admiral Hamlin B. Tallent (left), assistant commander, Navy Personnel Command for distribution, administered the oath of office to the 15-year veteran.





William Seth shade Commander Gary Thompson (left), executive officer, Naval Support Activity Mid-South, and Captain Diane L.H. Lofink (right), commanding officer, NAVSUPPACT Mid-South, pin on the collar devices for newly frocked Senior Chief Personnelman Earnest Parker. Parker is the admin officer for NAVSUPPACT Mid-South





Fire Control Technician Senior Chief (Surface
Warfare) Dean A. Hardison (right), a member of Navy Re-Warfare) Darrel X, Nickens (right) takes the oath of cruiting Command's Information Systems Department, re-enenlistment from Lieutenant Commander Carolyn R. Owens. listed in the Navy Friday, March 7, Hardison's cousin, First Lieutenant Joseph Simpson, U.S. Army National Guard, served as re-enlisting officer. Hardison, a veteran of more than allowed him to meet a wide array of new people



Legalman First Class (Surface Warfare/Aviation Warfare) Elgin B. Smith Legalman First Class (Surface Warrace/Avation Warrace) Egalman First Class (Surface Warrace/Warrace) Egalman First Class (Surface Warrace/Warrace/Warrace)) Egalman First Class (Surface Warrace/Warrace/Warrace)) Egalman First Class (Surface Warrace/Warrac



Senior Chief Aviation Ordnance (Air Warfare) Robert Potts (center) is pinned to his present rate by Dr. Paul Jones Liggins is a manpower analyst at Navy Manpower Analysis Center. (left), Occupational Standards Department head, and Captain Patricia Miller, commanding officer, Navy Manpower Analysis



pinned by Senior Chief Mess Specialist (Surface Warfare) Stanley M. Trotter (left) and Master Chief Electronics Technician (Surface Warfare) Matthew E. Baldwin.



(right), Navy Personnel Command Communications Branch head, and Chief Storekeeper (Surface Warfare) Donald Roberson (left), Logistic Support, NPC, pin Storekeeper (Surface Warfare) Lonaid Roberson (left), Logistic Support, NPC, pin on the collar devices of Senior Chief Radioman (Surface Warfare) Barbara Randall during ceremonies at headquarters for Naval Support Activity Mid-South. Randall is Public Safety administrative officer for NAVSUPPACT Mid-South.



18 new senior chief petty officers at Navy Personnel Comman (AW) Joan C. Follman, flag writer, Distribution Departmend added stars to their anchors as a result of the recent ment. Gunner's Mate (SW) Foy M. Harris, gunner's mate SCPO Selection Board. Those selected were: Personnelman (E1-E6 Altantic Fleet) detailer. Torpedoman's Mate (SW) (AW) Romeo D. Abano, senior enlisted rate analyst: Thomast. McGhee, Equal Opportunity Program manager; Machinist's Mate (SS) Rodney A. Arnold, submarine Bastswain's Mate (SW) Robert F. Mercer, recruit company machinist's mate (weapons) detailer; Hospital Corpsman commander, Milliary Entrane Processing Station and USS (SS) Sherman E. Boss, hospital corpsman NEC detailer; Constitution detailer; TCS(SW) (Lannie J. Nagy, overseas Fire Controlman (SWAW) Jeffrey D. Burch, fire controlman screening policies and procedures; Avlation Storkeeper (E1-E5 and Assertion). And the Commander of the Commander o 18 new senior chief petty officers at Navy Personnel Com- man (AW) Joan C. Follman, flag writer, Distribution Depart-